
CENTER PLACE RESTORATION SCHOOL - ATHLETIC HANDBOOK



STATEMENT OF PURPOSE

The purpose of our athletic program
is to glorify Christ
in all areas of testimony
by helping develop a Christ-like student athlete.

CPRS ATHLETIC HANDBOOK

This handbook is intended to cover topics related to participation in CPRS athletic programs, and should be read and understood by all CPRS athletes and parents.

Athletics include basketball, soccer, track, and volleyball.

The School Administrator has authority to make exceptions to the rules herein, if he deems that exceptions are warranted.

Student athletes and their parents are required to sign a statement indicating that they accept and agree to adhere to the rules and guidelines of this book.

Approved by the CPRS Board of Trustees
July 1999.
Revised July 2020.

CENTER PLACE
RESTORATION SCHOOL

FIGHT SONG

We are from Center Place Restoration School,
Our daily walk of faith: "The Golden Rule."
We have respect for everyone we see.
We are the Golden Eagles, so we follow faithfully
The laws of God and Christ, His Son.
We want our hearts and minds to be as one.
Dear Father, help us as we work and play,
Day by day, to find your way! HEY!



CENTER PLACE RESTORATION SCHOOL HOME OF THE GOLDEN EAGLES

Team Selection

TRYOUTS

Students in middle school and high school may try out for the Junior Varsity or Varsity sports teams; however, seniors are not allowed to play on Junior Varsity. On any team for which players must try out, upperclassmen will be given consideration over underclassmen if the coach judges the players to be of equal talent and ability. Students who are not selected for the team may still participate in other functions – team manager, scorekeeper, etc.

In the event of a difference of opinion, the appeal process is always open.

HOMESCHOOL TRYOUTS

Homeschool students may try out for the Junior Varsity or Varsity sports if there are fewer CPRS students than needed for the team. This will be on a first come, first served basis – once the vacancies are filled, no more homeschool students are taken. If the number of players on a team is exorbitant, that team may be divided into A and B teams at the Athletic Director's discretion. Girls' volleyball: If there are fewer than 12 CPRS students on any given team (JH or JV or V), those vacancies

can be filled by homeschool students until the team consists of 12 players. Girls' soccer: If there are fewer than 20 CPRS students on any given team (JH or JV or V), those vacancies can be filled by homeschool students until the team consists of 20 players. Boys' basketball: If there are fewer than 15 CPRS students on any given team (JH or JV or V), those vacancies can be filled by homeschool students until the team consists of 15 players. Girls' basketball: If there are fewer than 15 CPRS students on any given team (JH or JV or V), those vacancies can be filled by homeschool students until the team consists of 15 players. Boys/Girls Track: If there are fewer than 40 CPRS students on any given team (JH, JV, or V) those vacancies can be filled by homeschool students until the team consists of 40 players.

Any homeschool athletes who participated on a Junior Varsity or Varsity team in the 2013-2014 school year (and have participated in subsequent and consecutive years) will not be excluded from participating in the current or future sports programs because of the homeschool participation policy that is effective as of August 2014. Said homeschool students will be counted as CPRS students as team numbers approach their limit. If, however, any of these said homeschool athletes wishes to join the team after the first practice, he or she will be allowed to do so only if vacancies exist.

Any homeschooler must provide necessary documentation showing the curriculum being used at home and number of hours in each class. Any student who has attended private school or public school within the last 12 months must also provide transcripts from that school. Those transcripts will be used to determine eligibility for the athletes 1st semester at CPRS. All homeschoolers will be subject to conference and state association rules.

PHYSICAL EXAM

Any student trying out for a sport must submit to the coach, *prior to the first practice*, a physical exam form which has been completed by a physician. A new physical exam will be required each school year. Forms are available in the school office or from the Athletic Director.



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Fees/Uniforms

PARTICIPATION FEES

Student athletes are required to pay a participation fee to be included on any athletic team. If the fee is not paid prior to the first game of the season, a \$10 late fee must be paid. The student will be ineligible to play until the participation fee and late fee are paid in full. Additional fees may be necessary occasionally for such items as tournament entry, overnight expenses, etc. Parents will be notified in these events.

HOMESCHOOLER PARTICIPATION FEES

Homeschoolers who participate on a CPRS athletic team are required to complete and submit the extracurricular participation form along with a \$125 enrollment fee and athletic fee (\$60 for Varsity or \$50 for Junior Varsity).

Any student or parent requesting an exception will need to meet with the Athletic Director in advance of the deadlines.

UNIFORMS

Uniforms are issued to athletes. Within one week following the close of the season, uniforms must be turned in to the Athletic Director. A \$10 fee will be charged for each week on late returns, until the late fee equals the cost of a new uniform. Anyone refusing to pay a penalty fee will not be issued a uniform for the following season. Damaged or lost uniforms must be repaired or replaced.



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Schedules

GAME SCHEDULING

As soon as possible at the beginning of the athletic season, student athletes will be issued a schedule of the games, listing the opponent, location, date, and time of each scheduled game.

No games will be scheduled on major holidays (Thanksgiving, Christmas, etc.). Every effort will be made to avoid scheduling games during youth retreats, etc., provided the school is made aware of these dates in advance.

A "dead week" is required between the fall season (boys' soccer/girls' volleyball) and winter season (boys' & girls' basketball), and again between the winter season and spring season (girls' soccer/boys' and girls' track).

The number of games for each sport per season will be limited to 18 for soccer, 20 for volleyball, and 24 for basketball, with a maximum 3 games per week. Tournaments are counted as one game, since the actual number of games played depend on the win/loss record during the event.

CANCELLATIONS

Please bear in mind that cancellations sometimes occur with very short notice. When at all possible, parents will be given a 48-hour notice when games are canceled or rescheduled.

Coaches will be encouraged to notify parents and the school office by 1:00 PM in the event of a rain-out or other cancellation. Information will be passed on to the students via the afternoon announcements.

OVERNIGHTS

During any tournament or game which requires the athletic team to remain out of town overnight, male and female athletes must stay in different locations. Only those students who are on the team are allowed to stay with the team. No players should enter the quarters of athletes of the opposite sex, and all students should be aware of the school policy regarding public display of affection (see the Parent/Student Handbook).

Athletes are expected to remain with the coaches/chaperones at all times.

The coach may reduce playing time or bench players who choose not to follow the rules and guidelines set forth for these activities.

In cases of blatant disrespect of the rules, the Athletic Director, after consultation with the team coach, may send the player home.

Violation of these rules will result in an administrator/parent conference if suggested by the coach and/or chaperone.



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Practices

SCHOOL ATTENDANCE ON PRACTICE DAYS

Students may not attend a practice if they are absent from school that day, unless permission is given by the School Administrator (or the Athletic Director if the School Administrator is unavailable).

ATTENDANCE AT PRACTICE

Athletes are expected to be in attendance at all practices. The player must attend 80% or 10 practices before playing in his or her first game. *Work is not an excused absence.* Any student who misses the practice prior to a game for an unexcused reason will be required to sit out one-half of the game in basketball or soccer, or the entire game in volleyball. Two unexcused absences from practice may result in dismissal from the team, as determined by the coach.

ABSENCES FROM PRACTICE

Absences will be excused for the following reasons only:

- Illness/Injury
(requires a note from the student's parent/guardian or doctor)
- Personal - vacation, reunions, appointments, etc.
(requires a note from the student's parent/guardian one week in advance)
- Unanticipated Personal - funeral, etc.
(requires a note from the student's parent/guardian upon the student's return to school)

Telephone calls and/or notes regarding absences from practice should be directed to the coach.

ELIGIBILITY AT PRACTICE

If a student is ineligible to play in a game due to demerits or grades, he/she must still attend practices during that time.

Athletes who are ineligible due to grades are required to work toward improvement of the grades, and must attend a daily after-school study hall or tutoring sessions with a teacher.

DRESS CODE AT PRACTICE

Game uniforms are not to be worn during practices. CPRS PE uniforms or practice jerseys approved by the Athletic Director are required for practice. This clothing must follow the general school policies for modesty.



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Games

SCHOOL ATTENDANCE ON GAME DAYS

On any game day, athletes are required to be in attendance at school *for the full day* in order to participate in the game. Tardiness/absence on a game day are unexcused, and the athlete cannot play unless the School Administrator gives permission due to extenuating circumstances (i.e., medical appointment, etc.). Only the School Administrator may waive the attendance requirement, allowing a student to participate.

If a game is on a Saturday, the player must be in school all day on Friday.

ATTENDANCE AT GAMES

Athletes are expected to be in attendance at all games. *Work is not an excused absence.* Any student who misses the practice prior to a game for an unexcused reason will be required to sit out one-half of the game in basketball or soccer, or the entire game in volleyball.

EXCUSED ABSENCES FROM GAMES

Absences will be excused for the following reasons only:

- Illness/Injury
Requires a note from the student's parent/guardian or doctor
- Personal (vacation, reunions, appointments, etc.)
Requires a note from the student's parent/guardian one week in advance
- Unanticipated Personal (funeral, etc.)
Requires a note from the student's parent/guardian upon the student's return to school

Telephone calls and/or notes regarding absences from games should be directed to the coach.

ELIGIBILITY FOR GAMES

Athletes must have the required number of practices completed to compete in any game.

Any athlete who receives more than 5 demerits in a week may make an appeal to the School Administrator. Barring overturn of the demerits, the student will be ineligible to compete for 7 days, beginning with the first day of the following week. Tournaments will not be an exception to this policy. An athlete may be able to participate in only a portion of a tournament if the three-day grace period for appeal or the week of ineligibility begins or ends in the middle of a tournament event.

If a student reaches a level of 25 demerits, his or her eligibility to participate in games is suspended until such time as the demerit level

falls below 25.

Athletes are required to maintain a satisfactory academic average in all classes. Grades will be checked at the close of the school day every Friday during the athletic season.

A student may receive one "D" in one class, as long as his or her overall GPA in all subjects is above 2.0. If a student receives an "F" in any subject, he or she is immediately ineligible to compete in an athletic contest for seven days (Saturday through Friday) following the reported grade. (For a subject to be considered in eligibility, there must be opportunity to improve the grade on a weekly basis.)

If, in the normal course of grading, a student raises his or her average through assignments/tests during the week of his or her ineligibility, he or she would be immediately eligible to compete.

Athletes who are ineligible to play due to grades may travel with the team only if the game is held on the last school day of the week and does not involve early dismissal. The ineligible athlete will sit on the bench in travel dress but not in game uniform. Athletes who are ineligible due to grades are to work toward improvement of the grades. They are required to attend a daily after-school study hall or tutoring sessions with a teacher.

If a student is ineligible for 30 consecutive days due to grades, he or she will be removed from the team.

High school teachers must supply an outline of their curriculum to school administration for approval before the beginning of the athletic season.

GAME DAY DRESS CODE

If a game day is on a Friday, students may wear their warm up shirt to school in place of CPRS polo with navy or khaki pants or skirt.

Soccer players are allowed to wear the soccer uniform to the game.

All athletic players are allowed to wear the team uniform with the travel warm-ups (if available) to and from the event.

TEAM TRAVEL

No one may travel to any away game with the team unless authorized by the coach. The sponsors will accompany the teams into the gym or to the field, and will remain with the team as much as possible.

All team members must travel together – no player may meet the team at the designated location without prior permission from the coach or Athletic Director. After returning to school, players are to remove all personal items and team equipment from the vehicles.

On those occasions when the school vans are not available, parents will be enlisted to help drive.

PARENT DRIVERS

All parents who help transport students to or from any game must have a signed insurance verification form on file in the school office. Students are not allowed to drive to or from any event unless they receive permission in advance from the Athletic Director.

SIGN OUT POLICY

It is strongly encouraged that athletes return to the school in the same vehicle in which they left; however, it is sometimes necessary for athletes to return home with their parents. In such a case, the parent or guardian (and only the parent or guardian) must sign out the athlete with the coach and notify the parent with whom the child rode earlier. Any procedure different than that outlined above must be arranged prior to the departure time from the school, and must be put in writing in the Athletic Director's office.



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Sportsmanship

Emphasis is placed on the importance of good sportsmanship toward the opposing team, coaches, fans, and the officials, as well as our own team, coaches, and fans.

All rules and guidelines must be supported and reinforced by the coaches. Any player receiving 2 technical fouls in basketball, a red card in soccer, a red card in volleyball, or any other sportsmanship violations, will be required to sit on the bench during the following game.



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Officiating

All officials for volleyball and basketball are assigned through the conference scheduling.

Officials for soccer are assigned by the Athletic Director.



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Parent Support

Parents are expected to present a positive example through their speech and actions, both on and off the athletic field/arena. All requirements outlined in the CPRS Parent/Student Handbook, as well as the Athletic Participation Agreement, are to be followed.

AGREEMENT

Parent meetings are held for the athletes, coaches, and parents at the beginning of the season. The Athletic Participation Agreement must be signed by the parents and athletes prior to the first game.

ASSISTANCE AT GAMES

Each player's parent(s) will be asked to work at the entrance gate or concession stand at home games. The Athletic Director will coordinate the scheduling of these assignments.

TRANSPORTATION

Parents may be asked to assist in transporting players to away games. Please review the "GAME" section of this handbook beginning on page 12.

PARENT/ATHLETE GRIEVANCES

In the event that any parent or athlete has a complaint or problem regarding the athletic program, comments are directed in this order:

- 1) Coach
- 2) Athletic Director
- 3) School Administrator
- 4) Board of Trustees

It is very important that this order be followed. Problems may arise over misunderstandings which can be solved quickly if all parties work together.



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Awards

Junior Varsity and Varsity athletes must be in attendance at 90% or more games, except in case of injury, to earn their letters.

A certificate of achievement will be awarded to the athlete who is an active participant in any sport; however, any player who does not finish the sport (i.e., does not attend post-season tournaments, becomes ineligible due to grades or demerits, etc.) is ineligible for awards in that sport.

Awards are presented at the end of the athletic season at the Athletic Banquet. Additional awards or recognition may be made at the discretion of the individual coaches.

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